East Bayfield Community Centre Drop In Schedule

80 Livingstone Street E Barrie ON L4N 6X9 (705) 739-4225 April 2, 2024 - June 30, 2024

MON-FRI 6:00AM-9:00PM SAT & SUN 6:00AM-5:00PM

FITNESS CLASS SCHEDULE

MONDAY April 8-June 24 Excl May 20

CYCLE 6:00am-7:00am **BODY SCULPT** 7:30am-8:30am PILOGA - MPR 9:15am-10:15am TOTAL BODY WORKOUT 9:15am-10:15am ZUMBA 10:30am-11:30am YOGA - MPR 12:00pm-1:00pm JUST MUSCLE 5:30nm-6:30nm ZUMBA 6:45pm-7:45pm

TUESDAY April 2-June 25

 JUST MUSCLE
 9:15am-10:15am

 CYCLE & SCULPT
 6:00pm-7:00pm

WEDNESDAY April 3-June 26

 CYCLE & SCULPT
 6:00am-7:00am

 JUST MUSCLE
 7:30am-8:30am

 SWEAT, STRENGTH & STRETCH
 9:15am-10:15am

 ZUMBA
 10:30am-11:30am

 UPPER BODY, CORE & STRETCH
 12:00pm-1:00pm

 JUST MUSCLE
 6:00pm-7:00pm

 YOGA - MPR
 7:00pm-8:00pm

THURSDAY April 4-June 27

 CARDIO DANCE
 9:15am-10:15am

 PILOGA - MPR
 9:15am-10:15am

 BOOTCAMP
 11:00am-12:00pm

 PILATES FLOW
 12:15pm-1:15pm

 YOGA - MPR
 12:00pm-1:00pm

 CYCLE & SCULPT
 6:00pm-7:00pm

 TOTAL BODY WORKOUT
 7:15pm-8:15pm

FRIDAY April 5-June 28

ABS, BACK & BALANCE 7:30am-8:30am
STEP 9:15am-10:15am
ZUMBA 10:30am-11:30am

SATURDAY April 6-June 29 BOOTCAMP 9:00am-10:00am YOGAFIT 10:15am-11:15am

SKATING

MONDAY April 8 - May 6

 Adult Hockey
 9:00am-9:50am

 Adult Hockey
 10:00am-10:50am

 Adult Hockey (Womens Only)
 11:00am-12:55pm

 Public Skate (Adult)
 1:00pm-1:50pm

 Public Skate EXCL. APRIL 8
 3:00pm-4:50pm

TUESDAY April 9 - May 7

 Senior Hockey
 10:30am-11:50am

 Public Skate (Adult)
 12:00pm-12:50pm

 Stick and Puck
 3:00pm-3:50pm

 Stick and Puck
 4:00pm-4:50pm

WEDNESDAY April 17 - May 8

 Senior Hockey Excl Apr 10
 10:45am-12:05pm

 Public Skate (Adult) Excl Apr 10
 12:15pm-1:05pm

 Stick and Puck Excl Apr 10
 3:00pm-3:50pm

 Stick and Puck Excl Apr 10
 4:00pm-4:50pm

THURSDAY April 4 - May 9

 Adult Hockey
 8:45am-9:35am

 Adult Hockey
 9:45am-10:35am

 Senior Hockey
 10:45am-12:05pm

FRIDAY April 5 - May 3

Adult Hockey 11:00am-11:50am Adult Hockey 12:00pm-12:50pm

SATURDAY April 13 - May 4

Public Skate 6:30pm-8:20pm Stick and Puck (Youth 13-17) 8:30pm-9:20pm

GYMNASIUM SCHEDULE

MONDAY April 8-June 24 Excl May 20

 Drop-In Pickleball
 11:45am-1:15pm

 Drop-In Pickleball
 1:30pm-3:00pm

 After School Gym \$1
 3:15pm-4:45pm

TUESDAY April 2-June 25

 Preschool Gym Excl Apr 30
 10:30am-11:30am

 Drop-In Badminton Excl Apr 30
 11:45am-1:15pm

 Drop-In Pickleball Excl Apr 30
 130pm-3:00pm

 After School Gym \$1 Excl Apr 30
 3:15pm-4:45pm

 Basketball Drop-In
 5:00pm-7:00pm

 Drop-In Pickleball Only Apr 23, 30
 7:30om-9:00om

WEDNESDAY April 3-June 26

 Drop-In Pickleball
 8:30am-10:00am

 Drop-In Pickleball
 11:45am-1:15pm

 Drop-In Pickleball
 1:30pm-3:00pm

 After School Gym \$1
 3:15pm-4:45pm

 Basketball Drop-In
 7:30pm-9:00pm

THURSDAY April 4-June 27

 Preschool Gym
 10:30am-11:30am

 Drop-In Badminton
 11:45am-1:15pm

 Drop-In Pickleball
 1:30pm-3:00pm

 After School Gym \$1
 3:15pm-4:45pm

 Drop-In Pickleball Only Apr 25
 7:30pm-9:00pm

FRIDAY April 5-June 28

 Drop-In Pickleball
 11:45am-1:15pm

 Drop- In Pickleball
 1:30pm-3:00pm

 After School Gym \$1
 3:15pm-4:45pm

 Drop- In Pickleball
 5:15pm-6:45pm

 Adult (16+) Drop- in Volleyball
 7:30pm-9:30pm

SATURDAY April 6-June 29

 Drop-In Pickleball
 8:30am-10:00am

 Drop-In Badminton
 10:30am-12:00pm

 Drop-in Volleyball ALL AGES
 12:30pm-2:00pm

 Basketball Drop-In
 2:30pm-4:00pm

SUNDAY April 7-June 30

 Drop-In Pickleball
 10:30am-12:00pm

 Drop-In Badminton
 12:30pm-2:00pm

 Basketball Drop-In
 2:30pm-4:00pm

SWIMMING POOL

MONDAY April 8-June 3 Excl May 20 FITNESS LANE SWIM (4L) 7:30am-10:00am

TUESDAY April 2-June 4

 FITNESS LANE SWIM (4L)
 7:30am-10:00am

 FITNESS LANE SWIM (6L)
 12:35pm-2:35pm

 OPEN SWIM
 6:00pm-7:25pm

 FITNESS LANE SWIM (4L)
 8:30pm-9:30pm

WEDNESDAY April 3

 FITNESS LANE SWIM (4L)
 7:30am-10:00am

 FITNESS LANE SWIM (6L)
 12:35pm-2:35pm

 OPEN SWIM
 3:30m-4:55pm

 FITNESS LANE SWIM (4L)
 8:30pm-9:30pm

THURSDAY April 4-June 6

 FITNESS LANE SWIM (4L)
 7:30am-10:00am

 FITNESS LANE SWIM (3L)
 12:35pm-2:35pm

 FITNESS LANE SWIM (6L)
 8:30pm-9:30pm

FRIDAY April 5-May 31

FITNESS LANE SWIM (4L) 7:30am-10:00am FITNESS LANE SWIM (2L) 10:30am-1:00pm OPEN SWIM 10:30am-1:00pm AQUAFINNING (Self Directed) (2L) 12:00pm - 1:00pm SATURDAY April 6-June 1 Excl May 4

FITNESS LANE SWIM (4L) 12:30pm-1:30pm OPEN SWIM 1:30pm-3:00pm

OPEN SWIM

 SUNDAY April 7-June 2 Excl May 5

 FITNESS LANE SWIM (4L)
 12:30pm-1:30pm

 OPEN SWIM
 1:30pm-3:00pm

 OPEN SWIM
 3:30pm-5:00pm

3:30pm-5:00pm

PRESCHOOL ROOM DROP IN

TUESDAY April 2-June 25
Parent Participation 1:00pm-3:00pm

WEDNESDAY April 3-June 26

Parent Participation 10:00am-12:00pm

THURSDAY April 4-June 27

Parent Participation 2:00pm-4:00pm

FRIDAY April 5-June 28

Parent Participation 10:00am-12:00pm

55+ DROP IN @ EBCC

WEDNESDAY April 3-June 26

55+ ACOUSTIC JAM DROP IN 1:00pm-2:30pm

THURSDAY April 4-June 27

55+ SONGWRITERS CIRCLE DROP IN 1:00pm-2:30pm

YOUTH DROP IN - LLCC

MONDAY April 8-June 24 Excl May 20

MONDAYS FOR YOUTH 11-17 YRS 4:00pm-8:00pm

FRIDAY April 5-June 28

FRIDAYS FOR YOUTH 11-17 YRS 4:00pm-8:00pm

AQUA FITNESS

MONDAY April 8-June 3 Excl May 20

AQUAFIT (4L) 8:00am-8:45am AQUAFIT (4L) 9:00am-9:45am

TUESDAY April 2-June 4

AQUAFIT (4L) 8:00am-8:45am
AQUAFIT (4L) 9:00am-9:45am **WEDNESDAY April 3-June 5**

WEDNESDAY April 3-June :

AQUAFIT (4L) 8:00am-8:45am AQUAFIT (4L) 9:00am-9:45am

THURSDAY April 4-June 6

AQUAFIT (4L) 8:00am-8:45am AQUAFIT (4L) 9:00am-9:45am

FRIDAY April 5-May 31

AQUAFIT (4L) 8:00am-8:45am AQUAFIT (4L) 9:00am-9:45am

ADAPTED/SENSORY DROP-INS

Sensory Drop-Ins - no music and minimal noise levels.

Adapted equipment available for participant use. Participants must come accompanied by their own support worker or parent/guardian. Individual accompanying the participant attends for free (one support worker per individual). To keep this a sensory aware this adapted gym time will be capped at 20 participants (plus support workers).

TUESDAYS - LLCC - April 2-June 25 FUNNASTICS 5:30pm - 8:00pm

*LLCC - Lampman Lane Community Centre